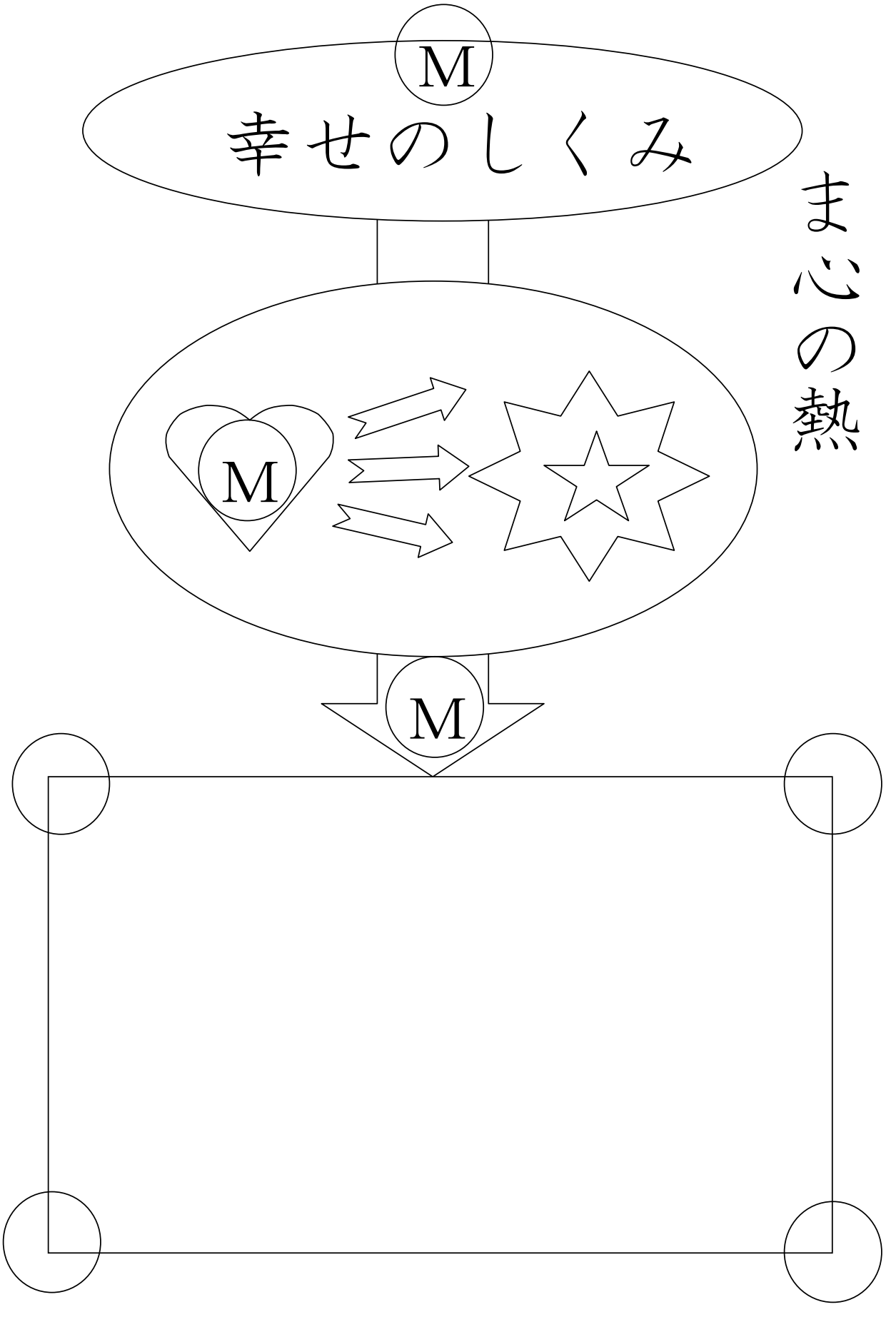
M
幸せのしくみ
M
M
ま心の熱